Trust & Respect Assessment

Someone once said that brilliance is in the details. What specific, day-to-day things might make a difference?	Never	Seldom	Offen	Always
Do people know you care? Loyal to people who are not present? Gossip or make discounting statements about others? Check in with people and then listen? Open and great with feedback, complaints and problems? Have the right motives and interests?				
Do people see your conversation as authentic, honest and appropriate? Ever exaggerate or over dramatize a situation? Make flip remarks, use humor or language inappropriately? Admit mistakes; apologize; say you are sorry? Acknowledge other people's contributions; especially to yourself? Listen in a non-judgmental way? Give people your undivided attention? Disclose what you know, think and believe?				
Are your actions seen as consistent with your speaking? Model what you say you value? Keep confidences and treat conversations with respect? Follow through with commitments, conversations and people? Do the right thing even though it's not fair?				
Are you reliable? Return phone calls promptly? Stay caught up on e-mail? Make and keep specific commitments? Communicate when you can't? On time? Accessible?				
Do you deal with the rest of the world in a way that others respect? Do you have an effective response to problems? Do you have integrity?				
Are you competent? Are you organized? Have your act together? Do you know your field? Are you personally effective? Do you run effective meetings? Do you manage people well?				